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| Title: Motion to approve a Neighborhood Purposes Grant for Airport Marina Counseling Services Item No. _____ |
| Meeting date: April 3, 2022 |
| Agendized by: Sylvia Wilson |
| Contact person: Sylvia Wilson Phone number: (310) 923-6376 |
| Committee Vote (if appropriate): |
| Does this item have a fiscal impact on the Neighborhood Council? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No |
| Additional documents attached? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No |

RECOMMENDATION:

That the Neighborhood Council of Westchester / Playa (NCWP) approve the expenditure of \$2000.00 to Airport Marina Counseling Services that supports mental health services for individuals including school children in our community.

BACKGROUND:

In April 2022, the Community Services Committee approved a motion to recommend a Neighborhood Purposes Grant to Airport Marina Counseling Services in the amount of up to \$2000.00. For the last 50 years, Airport Marina Counseling Services has supported our community by providing low cost and reduced cost mental health services including counseling to the folks in our communities who need it most and otherwise could not afford the services.

DISCUSSION:

They expect the need for their services will continue to grow as the mental health of our community, especially our youth has been greatly impacted by the pandemic.

FISCAL ANALYSIS:

This request reduces the Neighborhood Council’s allocated funds by \$2000.00, the Council currently has a surplus.

ATTACHMENTS:

[Airport Marina Counseling Service \(amcshelps.com\)](http://amcshelps.com)

MOTION:

That the Neighborhood Council approve the expenditure of \$2000.00 for a Neighborhood Purposes Grant to Airport Marina Counseling Services that supports our local school children and community members’ mental health and wellbeing during and beyond the pandemic.

- WHAT WE DO
- [CARE THROUGH COUNSELING PROGRAM](#)
- [GROUP THERAPY/CLASSES](#)

- [LGBTQIA+ CENTER](#)
- [CLIENT INTAKE FORMS](#)



HUNDREDS OF PEOPLE VISIT US WEEKLY FOR

Individual or Group Counseling, Family or Couples Therapy, Child & Adolescent Counseling, Psychiatric Care, Consultation & Referrals.

What we do

For 50 years, AMCS has offered confidential and professional psychotherapy services helping people to express their feelings, solve their problems, and find new ways to cope with life.

We help clients deal with stress, trauma, hopelessness, depression, or loss of a loved one. We also offer assistance with parenting issues, problems of

adolescence, life transitions, health or aging challenges, and caring for a loved one.

If you are having problems with self-esteem, child abuse, relationships, disability or illness, we will provide support.



At-Risk Kids Program

Provides individual/group counseling and parenting education at Westchester Enriched Sciences Magnets (high school), Orville Wright Middle School (magnet), and the Boys and Girls Club of Venice, to address school/home-related issues, risky behaviors, and familial stressors, including child abuse.

FAMILY THERAPY

For all ages, addressing social, emotional, and behavioral issues; AMCS offers long-term, ongoing therapy, solution-focused therapy, brief therapy, and play or art therapy.

PSYCHIATRIC SERVICES

Including evaluation, diagnosis, medication, and monitoring for more severe mental illnesses.

COUPLES COUNSELING

To help couples communicate in a more positive way in order to create or recreate the relationship they want.

NNON IMMEDIATE INTERVENTION PROGRAM

For clients seeking immediate help in times of crisis -- includes individual and group therapy as well as access to related services, such as psychiatry.

INDIVIDUAL THERAPY

Clients come to AMCS because of its outstanding reputation in providing individualized therapy and one-on-one counseling addressing issues such as anxiety, depression, relationships and grief or loss.

CASE MANAGEMENT

Linking individuals and families with resources and services within or outside of Airport Marina Counseling Service.

THERAPEUTIC GROUPS

Support groups, medication group, anxiety disorder group, anger management group, parenting education and specific focus groups.

LGBTQIA CENTER

AMCS, in partnership with Antioch University, operates one of the few centers in Los Angeles specializing in psychotherapy specifically geared toward the lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual population and specializes in training therapists to work with this under-served population.

