

# NEIGHBORHOOD COUNCIL OF WESTCHESTER / PLAYA



## Are You Ready for "The Big One?" Get Trained Today

The Los Angeles Fire Department's Community Emergency Response Training (CERT) in Westchester is always a sellout; and given the recent earthquakes centered right here in our back yard, it might be the right time for you and your neighbors to learn about what you should do in an emergency. The class is free, and the seats are filled on a first-come, first-served basis.

The next seven-week session will begin on Monday, June 24, and will run through August 5. Classes are held from 7 p.m. to 9:30 p.m. on Mondays at Fire Station No. 5, 8900 S. Emerson Ave., in Westchester.

The lessons from this class are priceless – designed to equip citizens with basic training to effectively serve as first-responders to disaster or emergency situations. Taught by highly experienced Los Angeles City firefighters, CERT training includes training in earthquake preparedness, light firefighting, triage, first aid, light search and rescue, disaster psychology and team organization.

The class is also always open to those who have taken the class before and want a refresher.

Please contact CERT instructor, Firefighter "Bubba" Willis, at (818) 756-9674 to sign up.

"Bubba is a fantastic, energetic, knowledgeable and entertaining instructor," said Neighborhood Council President Cyndi Hench, who has undergone CERT training herself. "This is something everyone in our community should do to keep themselves, their family and their neighbors safe in the event of an emergency. We all know The Big One is coming ... we should be prepared when it does."

For more information, please visit [www.cert-la.com](http://www.cert-la.com) or to download a class syllabus, please visit [www.cert-la.com/cert-syllabus.pdf](http://www.cert-la.com/cert-syllabus.pdf)

## Nominate A Star of the Neighborhood

The Stars of the Neighborhood Award is sponsored by the Neighborhood Council of Westchester/Playa, and its purpose is to identify and honor those unsung heroes of our community who quietly, persistently and without fanfare voluntarily perform good deeds that serve the needs of their neighbors and/or the community.

You are invited to nominate a person whose efforts fit this criteria. The nominee must live in Westchester, Playa del Rey or Playa Vista. Nominations will be evaluated by an ad hoc committee of the Neighborhood Council, and the winning honoree(s) will be honored at Westchester's Annual Fourth of July Parade.

Please provide the following information to nominate a Star of the Neighborhood (PLEASE PRINT NEATLY)

Nominee's Name \_\_\_\_\_

Nominee's Address \_\_\_\_\_

Nominee's Phone Number \_\_\_\_\_

A brief description of what makes this person a Star of the Neighborhood: \_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your Name \_\_\_\_\_

Your Address \_\_\_\_\_

Your Phone Number \_\_\_\_\_ Email \_\_\_\_\_

**Nominations must be received by no later than June 14, 2013**

Please mail / fax to:  
Stars of the Neighborhood  
8726 S. Sepulveda Blvd PMB 191A  
Westchester, CA 90045  
(310) 821-9429 (fax)

Or email the information above to: [starneighbors@aol.com](mailto:starneighbors@aol.com)

